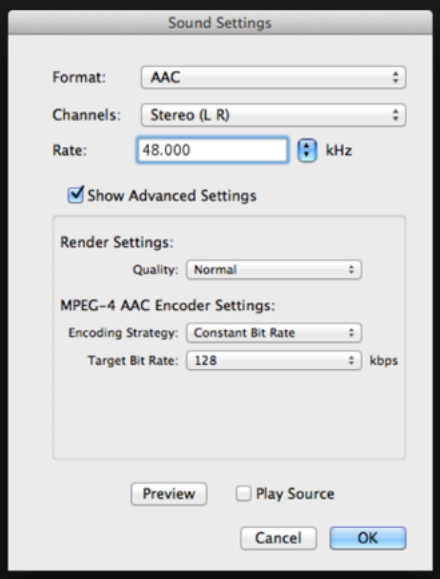
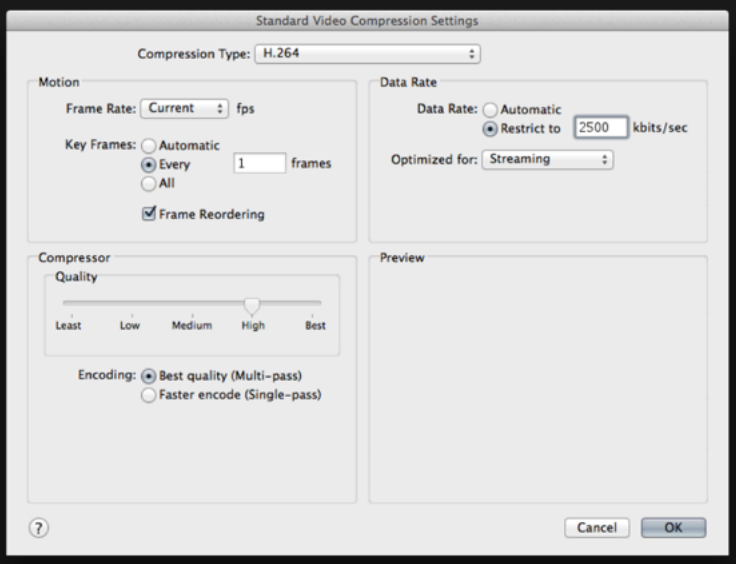
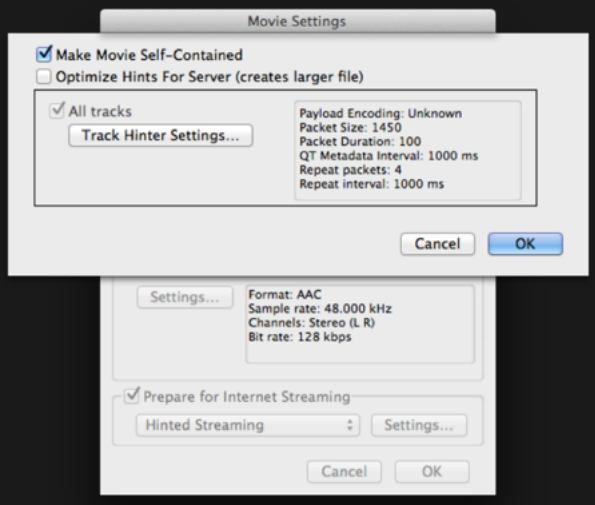
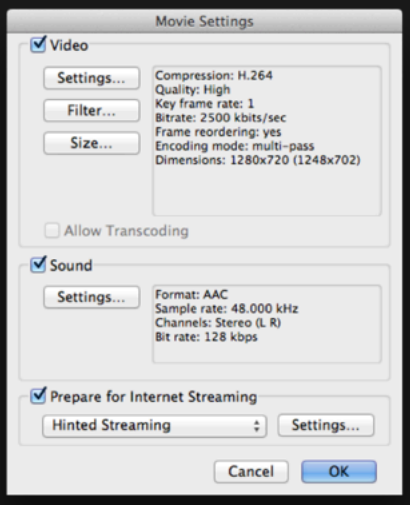
COPRA recommendations - Avid Media Composer

- assemble all shots in a sequence
- (if not already present) add scene and take metadata to the shots
- export an .ALE (highlight the bin containing your clips, then "File > Export" and choose "Avid Log Exchange")
- export all your clips as H.264-files, using the following settings:









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